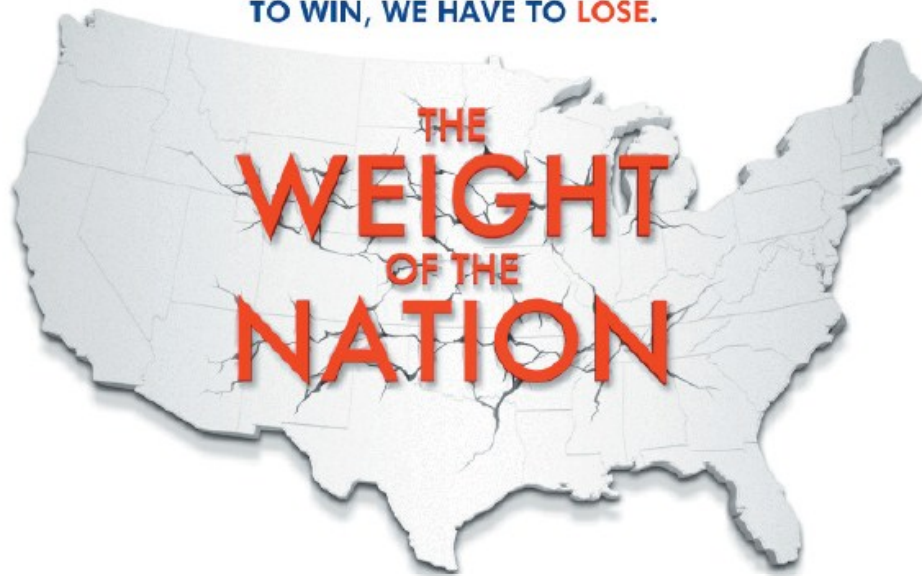


In the U.S., two thirds of adults and almost one third of children are overweight or obese.
NORTH CAROLINA IS THE 14th MOST OBESE STATE IN THE NATION.
This problem impacts people from all walks of life.

TO WIN, WE HAVE TO **LOSE**.



A COMMUNITY CONVERSATION *about* OBESITY SOLUTIONS

Tuesday, January 15, 2013

5:30 pm - 8:00 pm

The Wilma M. Sherrill Center, UNC Asheville

(Snow date: February 5, 2013)

- Join members of the WNC community including businesses, health care organizations, schools, faith organizations, agencies and policymakers for a conversation about solutions to the obesity epidemic in our region. Keynote speech by Mayor Terry Bellamy.
- View film clips from the HBO documentary *Weight of the Nation* and participate in discussions about how our region can respond to this problem.
- Make a pledge to improve healthy living and healthy weight in WNC.
- For more information call 828-775-7079 or email mgonzalez@ymcawnc.org

There is no fee for this program but preregistration is required as space is limited.
Register online at www.ashevillechamber.org/event/weight-nation



#wonbc13

